## **EASTERN MEDITERRANEAN UNIVERSITY FACULTY OF HEALTH SCIENCES**



# DEPARTMENT OF PHYSIOTHERAPY AND REHABILITATION COURSE DESCRIPTION

1. HLTS101 Anatomy - I

This course aims to teach the human anatomy, body systems and functions. Within the content of this course general information about introduction to anatomy, terminology, bones, joints, muscles, human organism and movement system are included.

Credits: (3/3/0) 4 Prerequisites: None ECTS: 6

Abbreviated Title: Anatomy - I Category: Area Course Teaching Language: English

Keywords: human body, muscles

2. HLTS103 Physiology - I

In this course introduction to physiology science and in this scope cell, blood, bone and muscle system, circulatory system physiology are

examined.

3.

5.

Credits: (3/0/0) 3 Prerequisites: None ECTS: 5

Abbreviated Title: Physiology - I Category: Area Course Teaching Language: English

Keywords: organism, system

PHYT101 Introduction to Physiotherapy and Rehabilitation

The course's contents include the definition of Physiotherapy and Rehabilitation, its contents and development, Physiotherapy and

Rehabilitation training and application range, legal regulations, professional applications and team work.

Credits: (2/0/0)2 Prerequisites: None ECTS:5

Abbreviated Title: Introduction to Physiotherapy and Rehabilitation Category: Area Course Teaching Language: English

Keywords: Introduction, definition

4. NUTD103 Introduction to Nutrition

Introduction to the basic concepts of balanced nutrition and nutrition also give informations about digestion, absorbtion and importance of

the nutrients, their food sources and amounts needed and use by the body.

Credits: (2/0/0)2 Prerequisites: None ECTS:3

Abbreviated Title: Introduction to Nutrition Category: Area Course Teaching Language: English

Keywords: Balanced nutrition, food

HLTS102 Anatomy - II
This course studies urogenital system, endocrine system, cardiovascular system and nervous system structures theorically and practically.

Credits: (3/3/0)4 Prerequisites: HLTS101 ECTS: 6

Abbreviated Title: Anatomy - II Category: Area Course Teaching Language: English

Keywords: human body, muscles
6. HLTS104 Physiology -

HLTS104 Physiology - II
In this course respiratory system, excretion system, digestive system, endocrine system and nervous system related with basic physiologic

mechanisms are lectured.

Credits: (3/0/0) 3 Prerequisites: HLTS103 ECTS: 5

Abbreviated Title: Physiology - II Category: Area Course Teaching Language: English

Keywords: Hormone, Metabolism

7. PHYT106 Ethics in Physiotherapy

The definition of ethics, its principles and association to law, the concept of its vocational, institutional and social responsibilities, the reasons, outcomes and solutions of professional degeneracy and unethical behavior in career life, multidisciplinary working mentality and deontological

aspects of prefession are investigated.

Credits: (2/0/0)2 Prerequisites: None ECTS:4

Abbreviated Title: Ethic Category: Area Course Teaching Language: English

Keywords: Responsibilities, multidisciplinary working

8. PHYT108 Heat - Light - Hydrotherapy

Inflammation and healing process, pain mechanisms, the physical properties of heat and light and their principles, physiological effects of superficial heat modalities, infrared, ultraviolet light therapy, LASER physiological effects and application, heliotherapy, physiology of cold

and cryotherapy, introduction to hydrotherapy, aquatic exercises, balneology.

Credits: (3/0/0) 3 Prerequisites: None ECTS: 4

Abbreviated Title: Heat - Light - Hydrotherapy Category: Area Course Teaching Language: English

Keywords: heat, light

PHYT110 **Normal Motor Development** 

Terminology related to normal movement and function, theories and models of development, movement development from fetal period to young adult period, motor control, motor learning and their models, the stages of development of other body systems related to movement

Credits: (2/0/0)2 Prerequisites: None ECTS: 3

Abbreviated Title: Heat - Light - Hydrotherapy Category: Area Course Teaching Language: English

Keywords: Motor control, movement

Manipulative Treatment - I 10.

The mechanisms effects of classical massage, its techniques, dosage, indications and contraindications, correct positioning and regional applications, the diseases for application and assessment methods. Connective Tissue Massage application methods and sports massage

are instructed in details practically.

Credits: (2/2/0)3 Prerequisites: None FCTS:5

Abbreviated Title: Manipulative Treatment - I Category: Area Course Teaching Language: English

Keywords: Massage, techniques

11. PHYT203 Electrotherapy - I

Introduction to electrotherapy, electrophysiology, low frequency currents' characteristics and its principles, galvanic current, medical and surgical galvanisms, iontophoresis, electrodiagnosis, faradaic current, sinusoidal current, diadynamic, interferential current, Russian current, transcutaneous electrical nerve stimulation, high-voltage pulsed galvanic stimulation, microcurrent and its effect mechanism, indications, contraindications, its dangers, maintenance, safety and hygiene are lectured in this course.

Credits: (2/2/0)3 Prerequisites:None FCTS:5

Abbreviated Title: Electrotherapy - I Category: Area Course Teaching Language: English

Keywords: Frequency, mechanism

Basic Measurement and Evaluation in Physiotherapy PHYT205 12.

The assessment methods of posture analysis, anthropometric measures, muscle shortness tests, flexibility, normal joint motions and muscle

strength are lectured.

Credits: (2/3/0)3

Abbreviated Title: Measurement and Evaluation in Physiotherapy Prerequisites: None ECTS:5

Keywords: Assessment, tests Category: Area Course Teaching Language: English

Biomechanics and Kinesiology - I 13.

Biomechanical principles and appliacation area, internal and external force types, stability and balance, biomechanics in rehabilitation;

collagen, cartilage, bone, muscle and joint biomechanics, normal and pathological gait.

Credits: (2/0/0)2 Prerequisites: None ECTS:4

Abbreviated Title: Biomechanics and Kinesiology - I Category: Area Course Teaching Language: English

Keywords: Kinematic, mechanisms

14. PHYT209 Internal Medicine

The course's content includes cardiology, pulmonary diseases, endocrine system, gastrointestinal system and renal problems, autoimmunity

and rheumatic diseases.

Credits: (2/0/0)2 Prerequisites: None FCTS:3

Abbreviated Title: Internal Medicine Category: Area Course Teaching Language: English

Keywords: Systems, diseases

Functional Neuroanatomy 15.

> Central nervous system's (CNS) macroscopic anatomy and physiology, medulla spinalis, truncus cerebri, formation reticularis, cerebellum, ascending and descending pathways, cranial nerves, basal ganglia, diencephalon, visual and hearing ways, limbic system, autonomous

nervous system, the vessels of telencephalon and central nervous system are instructed during the course.

Credits: (3/0/0) 3 Prerequisites: None FCTS 4

Abbreviated Title: Functional Neuroanatomy Category: Area Course Teaching Language: English

Keywords: Nervous System, central nervous system PHYT202 Manipulative Treatment - II 16.

Intervertebral stuctures physiology and mechanical defects, principals of manipulative therapy, direct and indirect manipulation techniques and sample therapy session protocols, Cyriax' orthopedic manipulative therapy approaches, transvers friction massage, mobilization

techniques and traction methods.

Credits: (2/2/0)3 Prerequisites: None ECTS:5

Abbreviated Title: Manipulative Treatment - II Category: Area Course Teaching Language: English

Keywords: manipulative, technique

Keywords: Frequency, mechanisms

Electrotherapy - II 17.

Biofeedback, functional electrical stimulation, electromagnetism, electromagnetic areas, the procurement of high frequency current, short wave diathermy, intermittent electromagnetic energy, microwave diathermy, ultrasound, magnetotherapy, laser and this current's effect

mechanism, indications, contraindications, its dangers, maintenance, safety and hygienic conditions are included in the course.

Credits: (2/2/0)3 Prerequisites: None

Abbreviated Title: Electrotherapy - II Category: Area Course Teaching Language: English

PHYT206 Biomechanics and Kinesiology - II Biomechanics and pathomechanics of foot and ankle, knee joint, hip joint, pelvis, spine, shoulder joint, elbow joint, wrist and hand. Credits: (2/0/0)2 Prerequisites: None FCTS:4 Abbreviated Title: Biomechanics and Kinesiology - II Category: Area Course Teaching Language: English Keywords: Kinematic, mechanisms 19. PHYT208 Therapeutic Exercises This course's contents aim to teach the purposes of exercises, their classification and planning of therapy program, improvement of problem solving, therapy and exercise program making skills based on basic evaluation and measuring methods. Credits: (2/3/0)3 Prerequisites: None ECTS:5 Abbreviated Title: Therapeutic Exercises Category: Area Course Teaching Language: English Keywords: Exercise, program Exercise Physiology 20. PHYT210 Cardiovascular system and exercise, functional capacity evaluation, measurement of energy capacity, aerobic and anaerobic education, pulmonary system, musculoskeletal system and exercise, thermoregulation and exercise, underwater and high altitude physiology are included. Credits: (2/0/0)2 Prerequisites: None FCTS:4 Abbreviated Title: Exercise Physiology Category: Area Course Teaching Language: English Keywords: System, functional capacity PHYT212 Surgical Sciences 21. Heart and vessel system related general clinical knowledge and surgical approaches, pregnancy and physiological process after birth and problems that might follow and prevention methods and postoperative surgical complication are included in course content. Credits: (2/0/0)2 Prerequisites: None Abbreviated Title: Surgical Sciences Category: Area Course Teaching Language: English Keywords: Surgical, knowledge
PHYT214 Summer Internship – I 22. Students will apply the knowledge they have gained throughout the programme. They will find the opportunity to use electrotherapeutic heat-light and hydrotherapy agents during 15 working days. Credits: (0/0/0) 0 Prerequisities: Min 30. Credits prior to registration ECTS: 2 Abbreviated Title:Summer Internship - I Category: Area Course Teaching Language: English Keywords: practice Neurophysiological Approaches - I 23. PHYT301 Basic neurophysiologic approaches used in physiotherapy and rehabilitation, differences and application techniques, theoretic basics of application, methods of Proprioceptive Neuromuscular Facilitation (PNF), upper and lower extremity patterns, neck and upper body patterns, lower body patterns, reciprocal patterns, relaxation, proximal vital functions, functional activities are included in the content of course. Prerequisites: None Abbreviated Title: Neurophysiological Approaches - I Category: Area Course Teaching Language: English Keywords: Neurophysiologic approaches, methods 24. PHYT303 Cardiac Diseases and Rehabilitation The philosophy cardiac rehabilitation programs, team approach, cardiovascular endurance, exercise and physical suitability, risk factors of coronary artery disease, equipment, the phases of recovery and rehabilitation, functional classification guidelines of inpatient, dyspnea scales, cardiac rehabilitation related outcome measurement methods, exercise test and education, cardiovascular surgery rehabilitation. Credits: (2/2/0)3 Prerequisites: None FCTS:4 Abbreviated Title: Cardiac Diseases and Rehabilitation Category: Area Course Teaching Language: English Keywords: Team work, cardiovascular system 25. **Orthopedic Rehabilitation** The general principles of orthopedic rehabilitation, recovery after injury, rehabilitation approaches after trauma, the traumatic, infectious and degenerative pathologies of musculoskeletal system, collagen tissue diseases, all orthopedic diseases that require or not required surgery, late period physiotherapy rehabilitation approaches, bandage application and splinting techniques are examined. Credits: (2/2/0)3 Prerequisites: None Abbreviated Title: Orthopedic Rehabilitation Category: Area Course Teaching Language: English Keywords: Bone, treatment Pediatric Rehabilitation 26. PHYT307 Neuromuscular system for children and learning about motor skills development characteristics' chronological period, the neurological problems that effects natal and postnatal motor skills characteristics' negatively, accurate assessment methods, the assessment of various development problems in childhood stage, physiotherapy and rehabilitation applications for cerebral paralysis, obstetric brachial plexus injuries and mental and motor retardation are examined. Credits: (2/2/0)3 Prerequisites: None FCTS 4 Abbreviated Title: Pediatric Rehabilitation Category: Area Course Teaching Language: English Keywords:Disabled, children Orthotics and Rehabilitation PHYT309 27. The biomechanical principles of orthoses, orthoses for upper, lower extremity and spinal regions' various segments, orthotic applications in

sports, pediatrics, mobility problems, musculoskeletal and neurological conditions, clinical reasoning in orthotic application and rehabilitation

Prerequisites: None

Category: Area Course

ECTS:4

Teaching Language: English

are included.

Credits: (2/2/0) 3

Keywords: Brace, splint

Abbreviated Title: Orthotics and Rehabilitation

PHYT311 Occupational Therapy The definition of general performance and assessment methods, the principles and education of transfer activities, assessment of daily life activities and education, activity analysis and education, the occupational assessment and therapy for neurological diseases, sensation, perception and motor tests and education, cognitive assessment and rehabilitation, hand assessment and rehabilitation, the occupational assessment and therapy for pediatric diseases are included. ECTS:4 Credits: (2/2/0)3 Prerequisites: None Abbreviated Title: Occupational Therapy Category: Area Course Teaching Language: English Keywords: performance, analysis PHYT302 Neurophysiological Approaches - II 29. The pathophysiology and symptoms of stoke the assessment and treatment methods after stroke, theoretical and practical applications such as Brunnstrom, Bobath and Johnstone approaches. Credits: (2/2/0)3 Prerequisites: None FCTS:5 Abbreviated Title: Neurophysiological Approaches - II Category: Area Course Teaching Language: English Keywords: Hemiplegia, Bobath Pulmoner Diseases and Rehabilitation 30. PHYT304 The pathophysiology and rehabilitation of respiratory diseases, assessment methods used in pulmonary rehabilitation, treatment methods, physiotherapy and rehabilitation approaches for neonates with respiratory problems are included in the course contents. Credits: (2/2/0)3 Prerequisites: None Abbreviated Title: Pulmoner Diseases and Rehabilitation Category: Area Course Teaching Language: English Keywords: pathophysiology, respiration diseases PHYT306 Physiotherapy in Sports 31. The course's contents include effects of exercising on body systems, assessment of athletes from different type and age groups, tests to determine physical performance, physical suitability tests, sports nutrition, sports psychology, and approaches towards disabled patients. Credits: (2/0/0)2 Prerequisites: None Abbreviated Title: Physiotherapy in Sports Category: Area Course Teaching Language: English Keywords: body, exercise **Neurological Rehabilitation** 32. PHYT308 The infectious, vascular, traumatic, degenerative, idiopathic diseases of central and peripheral nervous system, special assessment for diseases, methods and different physiotherapy approaches are investigated theorically and practically. Credits: (2/2/0)3 Prerequisites: None ECTS:4 Abbreviated Title: Neurological Rehabilitation Keywords: Nervous system, assessment Category: Area Course Teaching Language: English 33. **Prosthetics and Rehabilitation** Description, reasons and levels of amputations, biomechanical principles of the prostheses, prosthetic applications for different levels of lower and upper extremity amputees, prosthetics for congenital amputees, preoperative, postoperative, preprosthetic, prosthetic and postprosthetic rehabilitation approaches, common gait deviations and solutions in lower extremity prosthetic users. Prerequisites: None Credits: (2/2/0) 3 FCTS ·4 Abbreviated Title: Prosthetics and Rehabilitation Category: Area Course Teaching Language: English Keywords: amputee, artificial limb Special Themes In Physiotherapy PHYT312 34. Role of physiotherapist in obstetric and gynecologic rehabilitation, oncologic rehabilitation, geriatric rehabilitation, physiotherapy in burns and intensive care unit. Physiotherapy and rehabilitation approaches in lymphedema, diabetes, flexor and ekstansor tendon repairs, facial palsy, obstetric brachial plexus injuries and chronic ankle instability. Credits: (2/0/0)2 Prerequisites: None ECTS:4 Abbreviated Title: Special Themes Category: Area Course Teaching Language: English Keywords: Special Themes 35. PHYT314 Summer Internship – II Students will apply the knowledge they have gained throughout the programme. They will find them opportunity to use electrotherapeutic heat- light and hydrotherapy agents during 15 working days. Credits: (0/0/0) 0 Prerequisities:PHYT216 ECTS: 2 Abbreviated Title:Summer Internship - II Category: Area Course Teaching Language: English Keywords: practice Research Methods in Physiotherapy - I 36. Planning of a scientific research, construction of suitable work and control groups in planning, research design for information and data resources, utilization of computers are aimed to be improved. Credits: (1/3/0)2 Prerequisites: None ECTS:3 Abbreviated Title: Research Methods in Physiotherapy - I Category: Area Course Teaching Language: English Keywords: research, planning Clinical - Case Study - I PHYT403 Assessment of Neurologic Physiotherapy and Rehabilitation cases, case problems being processed under the scopes of impairment, disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained. Credits: (2/1/0)2 Prerequisites: None

Category: Area Course

Teaching Language: English

Abbreviated Title: Case Study - I

Keywords: Neurologic, Physiotherapy

PHYT405 Clinical - Case Study - II Assessment of Pediatric Physiotherapy and Rehabilitation cases, case problems being processed under the scopes of impairment, disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained. Credits: (2/1/0)2 FCTS:6 Prerequisites: None Abbreviated Title: Case Study - II Category: Area Course Teaching Language: English Keywords: Pediatric, Physiotherapy Clinical - Case Study - III 39. Assessment of Orthopedic Pysiotherapy and Rehabilitation cases case problems being processed under the scopes of impairment, disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained. Credits: (2/1/0)2 Prerequisites: None Abbreviated Title: Case Study - III Category: Area Course Teaching Language: English Keywords: Orthopedic, Pysiotherapy Research Methods in Physiotherapy - II 40. PHYT402 Planning of a scientific research, construction of suitable work and control groups in planning, research design for information and data resources, utilization of computers are aimed to be improved. Credits: (1/3/0)2 Prerequisites: None ECTS:3 Abbreviated Title: Research Methods in Physiotherapy – II Category: Area Course Teaching Language: English Keywords: research, work 41. PHYT404 Clinical - Case Study - IV Assessment of Prosthesis-Orthesis Physiotherapy and Rehabilitation cases, case problems being processed under the scopes of impairment, disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained. Credits: (2/1/0)2 Prerequisites: None Abbreviated Title: Clinical - Case Study - IV Category: Area Course Teaching Language: English Keywords: Prosthesis-Orthesis, Physiotherapy Clinical - Case Study - V 42. PHYT406 Assessment of Sports Physiotherapy and Rehabilitation cases case problems being processed under the scopes of impairment, disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained. Credits: (2/1/0)2 Prerequisites: None ECTS:6 Abbreviated Title: Clinical - Case Study - V Teaching Language: English Category: Area Course Keywords: Orthopedic, Pysiotherapy

disability and handicap, clinical reasoning and physiotherapy skills, solution suggestions about physiotherapy-rehabilitation and determining

Clinical - Case Study - VI

a suitable physiotherapy-rehabilitation program through discussio impairments, disabilities, and handicaps are trained.

Assessment of Cardiopulmonary Physiotherapy and Rehabilitation cases, case problems being processed under the scopes of impairment,

Credits: (2/1/0)2 Prerequisites: None ECTS:6

Abbreviated Title: Clinical - Case Study - VI Category: Area Course Teaching Language: English

Keywords: Sports, Physiotherapy

43.

PHYT408

### ENGL191 Communication in English - I 1. It is designed to help students improve the level of their English to B1 level, as specified in the Common European Framework of Reference for Languages. The course connects critical thinking with language skills and incorporates learning technologies such as GEMoodle. The purpose of the course is to consolidate students' knowledge and awareness of academic discourse, language structures and lexis. The main focus will be on the development of productive (writing, speaking) and receptive (reading and listening) skills in academic settings, and on the improvement of study skills in general. ECTS: 4 Credits: (3/0/1) 3 Prerequisites: None Abbreviated Title: Comm. English - I Category: University Course Teaching Language: English Keywords: Main idea, scanning, skimming, writing (academic composition, paragraph). Department offering the course: School of Foreign Languages PSYC108 Introduction to Psychological Science 2. The aim of this course to learn the definition of physcology, also to learn history, branches, personality, learning principles, behavioral disorders and treatment, attitudes and prejudices and social influences on behaviorThis course will also examine the psychological links between the mind and body. It will focus on how we learn, how we communicate and how behaviour change can be initiated to improve people lifestyle. We will consider health inequalities in relation to how and where people live and the effect it has on their health and wellbeing. Credits: (2/0/0)2 Prerequisites: None FCTS:3 Abbreviated Title: Introduction to Psychological Science Category: Area Course Teaching Language: English Keywords: Psychology Department offering the course:Psychology Basic Physics 3. Physical quantities, measurements and units. Vectors and motion with constant acceleration. Newton's laws of motion. Circular Motion. Conservation of Energy. Fluid Mechanics. Electric fields and Magnetic Fields. Radioactivity, X-rays and their usages in Medical Sciences. Credits: (2/2/0) 3 Prerequisites: None ECTS: 4 Abbreviated Title: Basic Physics Category: Area Course Teaching Language: English Keywords: Units, vectors Department offering the course: Physics ITEC105 Computer - I 4. This lecture covers course expectations, introduces computer programming and its uses, and begins to familiarize you with concepts related to how programs work. Also student will be able to use some software programs which are related with nutrition. Credits: (2/2/0)3 Prerequisites: None Category: University Course Abbreviated Title: Computer - I Teaching Language: English Keywords: computer, programming Department offering the course: Computer Informatics 5. Communication in English - II ENGL192 This course is designed to further help students improve their English to B2 level, as specified in the Common European Framework of References for Languages. The course aims to reconsolidate and develop students' knowledge and awareness of academic discourse, language structures, and critical thinking. The course incorporates more technologies on MOODLE that will promote self study and Microsoft computer skills. The course will focus on reading, writing, listening, speaking and emphasizing documentation and presentation skills in academic settings. Credits: (3/0/1) 3 Prerequisites: ENGL191 ECTS: 4 Abbreviated Title: Comm. English - II Category: University Course Teaching Language: English Keywords: Common European Framework of References for Languages, critical thinking, report writing, autonomous learning. Department offering the course: School of Foreign Languages **TUSL181** Turkish as a Second Language 6. TUSL 181 is a basic Turkish course introducing the Turkish language. It incorporates all four language skills and provides an introduction to basic grammar structures. Students will be encouraged to develop their writing skills through a variety of tasks. The aim of this course is for students to be able to understand and communicate in everyday situations, both in the classroom and in a Turkish speaking environment. Credits: (2/0/0) 2 FCTS:2 Prerequisites: None Abbreviated Title: Turk. Sec. Lang. Category: University Course Teaching Language: English/Turkish Keywords: communication, culture, language Department offering the course: School of Foreign Languages

Course Descriptions - II - English : All compulsory courses offered by other academic units

### HIST280 Ataturk's Principles and Turkish Reforms

The topics of the collapse of the Ottoman Empire, Tanzimat and Islahat, I. and II. Constitutional Period, World War I and the entry of the Ottoman Empire, the Armistice of Mudros, Atatürk's personality and his departure to Samsun, congresses period and the Independence War, the Abolition of the Sultanate, the Lausanne Peace Treaty, the principles and reforms of Atatürk and modern Turkey.

Credits: (2/0/0) 2 ECTS:2 Prerequisites: None

Abbreviated Title: History of Turkish Reforms Teaching Language: Turkish Category: University Course

Keywords: Not available from the offering center.

Department offering the course: Atatürk Research Center.

#### MATH212 **Biostatistics** 8.

This course focuses on the concept of statistics, basic concepts and descriptive statistics, statistical comparison methods, statistical analyses, research design, data collection tools, inspection of sufficiencies and reliabilities, scaling and preparation of scientific reports.

Credits: (3/0/1) **3**Abbreviated Title: Biostatistics Prerequisites: None ECTS:4

Category: Area Course Teaching Language: English

Keywords: Biostatistics

Department offering the course: Mathematics